Cooking for One

DATE & TIME:
Starts Wednesday, October 14, 2020
10:00 AM-12:00 PM

LOCATION:
Virtually by Zoom

CONTACT:
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Whether you’re living on your own for the first time, a single college student, a hard-working adult, or a senior on your own, cooking for one can be fun!

Over the course of six, 2-hour lessons, you will:

- Learn ways to make cooking for one simple and enjoyable
- Learn helpful tips and tricks to making healthy choices, like eating well and being active
- Participate in cooking real recipes for one

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